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00:00:00:00 - 00:00:05:00

00:00:05:00 - 00:00:19:05

Speaker 1

All right. Welcome to module one where I'm going to give you all of the 4-1-1 on breasts and nipples that you need to know and consider in order to give the best and most orgasmic breast and nipple massage.

00:00:19:05 - 00:00:21:17

Speaker 1

And I'm going to start this module with a bit of a disclaimer.

00:00:21:17 - 00:00:47:13

Speaker 1

The thing about nipple massage is that various studies and surveys and informal anecdotal evidence suggests that the percentage of women who can easily already have nipple orgasms ranges from 10 to 30%. And what this means is that your partner may not be able to easily experience nipple orgasms, especially not on the first few tries.

00:00:47:13 - 00:00:52:06

Speaker 1

Now, I believe that with the techniques that I'm going to teach you that this number could be much, much higher.

00:00:52:10 - 00:01:08:03

Speaker 1

And that's because stimulating the nipples actually activates the same brain regions as stimulating the clitoris, the vagina and the cervix, which suggests that there are pathways written into the body already for orgasmic pleasure from nipple stimulation.

00:01:08:03 - 00:01:16:07

Speaker 1

And those pathways are the same for all people. But we also know that not all people have access to orgasm. Not all women can easily experience orgasm.

00:01:16:07 - 00:01:22:21

Speaker 1

Not all people are very orgasmic. When we're talking about how people differently experience their nipples and their breasts in just a second.

00:01:22:21 - 00:01:41:10

Speaker 1

But what's most important for you to know is that we've got to take the pressure off. Yes, she might be able to have a nipple orgasm like that first try out the gate—amazing! And it might take a lot of time and intentional rewiring of her nervous system and her ability for pleasure in order for her to get there.

00:01:41:11 - 00:02:09:16

Speaker 1

So if she is one of the 70% to 90% of women, that doesn't automatically experience a nipple orgasm just from your thoughtful and intentional and loving touch, please do not worry or think that you've done something wrong, or that there's something to fix, or something is up with her. It's just that most of us have never tried. Most of us have never given nipples the same kind of stimulation and thoughtful and intentional energy that we have to say, a clitoris or to a cock.

00:02:09:16 - 00:02:27:12

Speaker 1

It doesn't mean that there's anything that is going to prevent her from being able to experience the breast massage that I'm going to teach you, or that it won't be pleasurable, it won't be exciting, it will be arousing. Hell, it could be extremely stimulating and super arousing and make her super wet and horny. And she still may not reach a nipple orgasm.

00:02:27:12 - 00:02:54:07

Speaker 1

So I think it's really important for us to start there, because we've got to remove the goal oriented ness that we sometimes bring to orgasms and to our partners bodies, and instead make this about pleasure. And again, we're going to talk about all of this a little bit more in depth throughout the rest of the course. But we've got to start there, because that is the most important thing for us to know in order to make it okay, no matter what happens as a result of this practice.

Need Help or Have Questions?

✉ support@caitlinvneal.com

☎ +18886941949

