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00:00:00:00 - 00:00:05:00

00:00:05:00 - 00:00:10:05

Speaker 1

All right. Let's talk about how to take this course. While there's no right or wrong way to engage in this content,

00:00:10:10 - 00:00:36:02

Speaker 1

I highly recommend that you watch all of the modules, the content modules, and then the bonus modules—which include the live demonstrations of me giving a breast and nipple massage to two different women. And you just watch them in order as I have laid them out. Follow along to the video, take notes as you're going and just make like little mental images that are going to make it easy for you when you go to actually practice this with your partner.

00:00:36:04 - 00:00:55:23

Speaker 1

I highly recommend that if you are the person giving the massage that you watch all of this all the way through, and you can invite the person who's going to be receiving the massage too, because there's tons of content in here for her after you're going to continue to have access to this course. So go try it and then come back and rewatch the course to pick up on more tidbits of information.

00:00:55:23 - 00:01:04:10

Speaker 1

There's a lot that's going to be packed into the following videos. I don't expect that you're going to remember all of it. You should not expect to remember all of it your first time around.

00:01:04:10 - 00:01:08:17

Speaker 1

Watch. Learn as much as you can, go practice and then come back to this course is yours.

00:01:08:21 - 00:01:25:16

Speaker 1

So use it as many times as you want. Come back and refer to it to make sure that you feel the most confident in what you are doing. And remember that this is supposed to be fun. This is experimentation. It doesn't have to be perfect. It doesn't even have to, quote unquote, "work the way you expect it to" in order for it to be a huge success.

00:01:25:16 - 00:01:35:15

Speaker 1

This and all things that I teach on, both on YouTube and through my various courses are meant to be pleasurable, exciting, fun, and joyful.

00:01:35:15 - 00:01:41:10

Speaker 1

And I think that's all sex should feel good. So don't put too much pressure on yourself or your partner, and I'll give you more on that in just a second.

Need Help or Have Questions?

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